

# Risks From Smoking During Pregnancy

Smoking can cause problems for a woman trying to become pregnant or who is already pregnant, and for her baby before and after birth.

## Effects on Mothers

- Difficulty getting pregnant
- Placenta separates from the womb too early, causing bleeding
- Placenta covers the cervix, causing complications
- Water breaks too early

- Pregnancy occurs outside of the womb

- Smoking cigarettes causes these health effects.
- Smoking can cause these health effects, but more studies are needed to be sure.

## Effects on Babies

- Baby born too small
- Baby born too early
- Sudden Infant Death Syndrome
- Fetal death
- Infant death

- Miscarriage
- Certain birth defects, such as:
  - Cleft lip/palate
  - Clubfoot
  - Gastroschisis
  - Some heart defects
  - Cryptorchidism

